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First Selectman's Corner

Just when we thought we had our hands full with COVID-19, on Tuesday August 4th, Tropical Storm Isaias came to Connecticut and caused widespread tree damage and related power and communications outages.

At the peak of the storm, 5,460 (99.2%) Old Lyme homes went dark. Because the eye of the storm was to the west of us, we experienced higher winds and practically no rain. The recovery effort started out slowly but Thursday, outages were down to 4,376 (79.5%) and by Sunday (9 Aug) evening only 109 (2.0%) homes were still without power. Due to COVID-19, towns and cities decided not to open emergency shelters but we set up the Senior Center, the Police Station and the Boughton Rd. firehouse with potable water and cell phone charging stations. As an assist to homeowners, we offered free disposal of storm related brush at the Transfer Station until August 15th. Thanks to Emergency Management Director Dave Roberge, the members of his team, our Public Works staff and our police, fire and ambulance personnel for helping us through the storm.

Regarding COVID-19, our townspeople have done a very good job to protect themselves by wearing face masks when entering stores and public buildings as well as practicing proper distancing. As of August 9th, the Ledge Light Health District, of which Old Lyme is a member, reported we have a total of 23 COVID-19 cases since

reporting began in March. Included in that total are two deaths related to COVID. With a year-round population of about 7,500, the Town has ratio of 0.3%.

On June 22, we opened Town Hall to the public (it was closed to the public on March 18th). There were several changes made governing access: using a Police Ranger to "greet" people as they entered the building, face masks required, temperature checks, and requiring residents to handle routine transactions (paying taxes and purchasing beach passes and dog licenses via the mail or online or by depositing forms and payments in the "lock box" affixed to the front door of the Town Hall). Things have worked remarkably well and we thank you for your cooperation.

Town Board, Commission and Committee have been meeting with the assistance of Zoom or WebEx computer audio/video systems. While there have been glitches, some of these features will likely be used by towns and cities into the future. Using certain Governor Executive Orders, we have even been able to pass the Town and



Timothy Griswold
First Selectman

continued on page 5



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School budgets as well as some other items necessary to operate the Town in an efficient manner.

After closing the Old Lyme public beaches on May 2nd, we reopened them on May 23rd after performing considerable planning. We established limits on the number of people that would be allowed on each beach and we increased staffing to properly manage the public. Complicating things in Sound View, even though the Miami Beach Assoc. appealed the court's decision requiring it to remove its fence on the east side of its beach and to stop charging members of the public to enter its beach, the judge directed Miami Beach to stop charging people but allowed the Association to keep the fence until the appeal is heard. We also directed the Town permitted parking lots (as well as the Town's lot) to park cars at no more than 50% of capacity. This was to limit parking and, accordingly, the number of beach goers. In spite of some issues, things have been working quite well and we thank our Resident State Trooper Matt Weber, our police officers and our police rangers for their good work.

TOWN PROJECT UPDATES:

Sound View Water & Sewer: CT Water completed installing the 8-inch water mains on the north ends of Swan and Portland Aves. before June 19th and it has been working on water lines for Sound View properties north of Rte. 156. Following Labor Day, CT Water will resume work in Sound View south of Rte. 156 that will involve connecting lateral water lines to properties.

The Town and the three private beach associations (Old Lyme Shores, Old Colony & Miami) have been working on several documents concerning the assets they will share for their sewers (collection pipes, pump station, odor control facility and force main to East Lyme) and the intermunicipal agreements with East Lyme and New London that govern the charges for transporting and processing our sewage. A future Town meeting will likely be necessary to approve certain rights of way for the sewer pipes.

Sound View Sidewalks: The Town is working with its engineering company to design sidewalks on Hartford Ave. (from Bocce La. to Rte. 156) and along the north side of Rte. 156 (from Cross La. toward the Police Station.) The Town is responsible to pay engineering costs of \$40,000 and a State grant of \$400,000 will pay for the construction of the sidewalks. There have been in-person meetings offered for the homeowners abutting Hartford Ave. to address their concerns. Construction is anticipated next spring.

Hains Park Restroom Building: The Town received five bids for the construction of a new restroom building in Hains Park. After due diligence, the Hains Park Restroom Building Committee continued on page 6



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Selectman's Corner... continued from page 5

recommended the Town select the low bidder, Wiese Construction of Norwich, CT. Due to extra sitework and the water storage system required, the Boards of Selectmen and Finance approved an additional \$42,000 for the project. Work should start in the latter part of August and be completed in about 90 days.

Senior Center Building Expansion: The Lymes' Senior Center Building Committee and developed a needs assessment questionnaire for Senior Center members to complete as the Committee considers a possible addition to the Senior Center.

Mile Creek Road Bridge Replacement: Following the relocation of the electric wires in the project area, Machnik Brothers Inc. started work on July 13th to replace the bridge over the Black Hall River. The bridge decking has been removed and Machnik is working on the abutments in preparation for the installation of the new decking. The bridge will be out of service until the latter part of September.

Grassy Hill Rd. Bridge Replacement: The bridge at the beginning of Grassy Hill Rd. will be replaced next year. The State required archaeological survey has been completed and nothing of note was found.

OTHER LOCAL NEWS IN BRIEF:

On July 6th, acting with the authority provided by the Governor's Executive Orders, the Board of Selectmen voted to move the voting

location from the Cross Lane Firehouse at Cross Lane to the Middle School Gymnasium at 53 Lyme St. for the period ending on 31 December 2020. This will allow the election on 3 November to be held at the Middle School. Provided this new location works well, the Board of Selectmen will either schedule a Town Meeting vote to permanently locate the polling place at the Middle School or, if town meetings cannot be held due to COVID-19, the Board could make the move permanent, using authority provided by the Governor's Executive Orders. The Presidential and Congressional Primary took place on August 11th in the Middle School Gym from 6:00 am to 8:00 pm. Only Democrat and Republican voters may vote in the Primary.

The Board of Selectmen congratulated Alec Russell for achieving the rank of Eagle Scout. Alec lives in Old Lyme but is affiliated with the East Lyme Boy Scout Troop.

Last, for those of you who have not completed your 2020 Census forms, please do so! Old Lyme's response rate has been lower than average due, in part, to the fact that the census cards were sent to all town property addresses and, as we know, many of the beach properties are owned by people who are not Old Lyme residents and they evidently did not return their cards stating they do not reside here. You may complete your census form electronically or manually, so please do so as soon as possible. The census information has a direct bearing on how much federal funding our state receives and determines how many congressmen/women we will have. You may recall Connecticut lost a Congressman after the last census.

While it has been a challenge dealing with COVID-19 and the Tropical Storm, we are a hearty bunch and we make the best of things. Keep up the good work, keep wearing masks in public spaces and help your friends and neighbors in need of assistance.

Timothy Griswold, First Selectman



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Assessor's Office

The Assessor would like to bring to your attention the following important deadlines.

All forms and proofs unless noted must be filed by October 1, 2020 in the Assessor's Office located at 52 Lyme St, Old Lyme CT 06371. Our office hours are Monday - Friday 9:00 am - 4:00 pm. Assessment Date of Taxable Property for the Town of Old Lyme is October 1st of each calendar year.

Per Section 12-41 of the Connecticut General Statutes owners of tangible personal property, other than registered motor vehicles, such as commercial furniture, machinery and equipment, leased equipment, unregistered motor vehicles, camp trailers, etc., are required to file a personal property list with the Assessor. Declarations are required to be filed annually during the month of October. Failure to file BY November 2, 2019 forces the Assessor, by law, to file the list and add a 25% Penalty (Sec. 12-42, PA 87-245.)

Totally Disabled Persons are entitled to an exemption if they meet the requirements of Section 12-81(55) of the General Statutes, Please contact our office for acceptable forms of proof.

Any individual who is blind is entitled to an exemption under Section 12-81(17) shall provide proof to the Assessor.

Veterans must have filed a DD214 in the Town Clerk's office by

September 30, 2020 in order to receive any of the applicable exemptions under Section 12-81. Disabled Veterans are eligible for an exemption in addition to the regular exemption with the filing of a disability rating from the Veterans Administration. Sec 12-81(g) provides for an increase in the property tax exemption amount granted to a qualified veteran if certain income requirements are met applications must be filed with the Assessor's Office no later than October 1.

Under the Federal Service Member Civil Relief Act persons on active duty must present to the Assessor a current earning and leave statement or a letter from their Commanding Officer along with a yearly application for exemption. Any servicemen on active duty claiming Connecticut as their legal residence must file prior to Dec 31st.

Property owners interested in claiming land as Farm, Forest or Open Space should file an application between September 1, 2020 - October 31, 2020. No extension of this filing period is available, failure to file within the prescribed time is a waiver of the right to the classification for the assessment year commencing October 1st. If you have recently purchased a property and do not know if this applies to you please contact our office to review.

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Many of our programs and helpful links to mapping, property information, forms, and program updates can be found on the Assessors page of the town website. Visit oldlyme-ct.gov for more information. Contact us at: 860-434-1605 x218 & x219 or assessor@oldlyme-ct.gov.

Melinda R. Kronfeld, CCMA II,
Assessor

Town Hours & Holiday Schedule

TOWN HALL WILL BE CLOSED
ON THE FOLLOWING HOLIDAYS IN 2020

Monday, **October 12, 2020** - Columbus Day

Wednesday, **November 11** - Veterans Day

Thursday, **November 26** and Friday, **November 27** - Thanksgiving

Friday, **December 25** - Christmas

Friday, **January 01, 2021** - for New Year's Day

Hours for most departments: Monday through Friday, 9:00 am - 4:00 pm.



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Town Clerk's Office

Vicki Urbowicz, Town Clerk, | Courtney C. Joy, Assistant Town Clerk

Congratulations!

We congratulate the following on their recent marriages:

April

Matthew Scott Garrison & Leticia Melinda Denoya
Samuel d'Entremont & Sewell Standish Robinson
Frank Colon, Jr. & Ruth Barreto
Glen Thomas Piette & Samantha Marie Ward

May

James Joseph Dominic Pascarella, Jr. & Shana Lee Reay

June

David Salvatore DeSimone & Jamie Sara Esposito
Frederick J. Jonas & Deborah L. Drexler
Anthony Alexander Ferullo & Samantha Jo Michon
Joseph Anthony DeRose & Jamie Marie McDermott

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

March

Christ Warren Vasiloff
Mark Todd
Mariano Campagna

April

Lauren Ann Anton
Russell DeGrafft
Adela Sloane Wilmerding
Richard Dunklee Lamourine
Hunter Grubb Hannum
Lorise Ann Andersen
Joan Silberberg
James Norman Dean
Marion Thomas Ricker
Lee G. Hanes

May

Alan Lubenow

June

Quentin D. Plumleigh
David L. Allyn
Donald W. Zapatka
Gerald Lawrence Nolan
Anna Lukacs
Helen Tappan Hine
Russell C. Raymond
Jack H. Swaney
Peng Patana
John Lawrence Peeler

June

Maureen Jane Kelly
Oliver Mason Birch
Robert Leonard Machol
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62 Grassy Hill Rd, OL List \$995,000
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183-3 Joshuatown Rd, Lyme \$890,000
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66-7 Elys Ferry Rd, Lyme List \$1,995,000
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11 Meeting House Ln, OL List \$1,950,000

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129 Town Woods Rd, Lyme List \$1,895,000

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19 Birch Mill Road, Lyme List \$649,000

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66-2 Elys Ferry Rd, Lyme List \$1,100,000

SOLD SOLD SOLD



17 Stone Post Rd, Lyme \$899,000

SOLD SOLD SOLD



33 Joshuatown Rd, Lyme List \$940,000
Co-list with Evan Griswold.

SOLD SOLD SOLD



4 Catbriar Lane, OL List \$950,000

SOLD BUYER SIDE



228 Joshuatown Rd, OL List \$1,750,000

SOLD SOLD SOLD



106 Lyme Street, OL LIST \$925,000

SOLD SOLD SOLD



3 Stoneleigh Knoll, OL List \$325,000

SOLD/FULL PRICE in 7 DAYS



90 Sterling Road, Lyme List \$675,000

SOLD BUYER SIDE



21 Talcott Farm Rd, Lyme List \$1,350,000

SOLD SOLD SOLD



179 Grassy Hill Rd, Lyme List \$599,000

SOLD SOLD SOLD



62 West End Drive, OL List \$649,000

SOLD SOLD SOLD



82-1 Boston Post Rd, OL List \$499,000

SOLD SOLD SOLD



20 Old Hamburg Rd, Lyme List \$1,295,000



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1/1/2017-12/31/2019

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Economic Development Committee

This has been a very active quarter for the Economic Development Committee and we would like to update you on our progress.

As part of a wider economic development strategic planning process, we engaged Advance CT to undertake data collection and analyses that would provide a sound foundation for our economic development efforts in both the Halls Road area and for the community generally. These activities included an Economic Development Study, as well as a focus group and SWOT analysis, and a resident and business survey. Collectively, these initiatives point to potential opportunities for Old Lyme to consider as part of its economic development strategy. The EDC will now concentrate on developing specific recommendations to present to the Board of Selectman and other town boards and commissions.

We do not have space to review the results in detail, but here is brief description of the findings. We encourage you to go the town website where you can read the reports in their entirety and draw your own conclusions. We welcome your comments and questions.

The majority of survey respondents support development that increases opportunities for recreation and entertainment, includes pedestrian and bike infrastructure, encourages local businesses,

highlights the town's natural and cultural assets, and improves the visual appeal of a number of areas.

- The town's natural beauty, location, and beaches are cited frequently as some of the town's most important attributes. Making these amenities accessible through bike and pedestrian infrastructure, wayfinding, and support services can provide residents and visitors with attractive amenities that create an appealing destination.
- Very little population growth is anticipated, our population is aging, and there are limited opportunities for young people. Our current demographics do not support additional retail or dining option.
- There is an opportunity to build on the arts and culture traditions and local attractions in Old Lyme to create a unique destination.
- We need to encourage support of local businesses and clarify the regulatory process.
- Create experience-centered dining, entertainment, and retail spaces, particularly in the Halls Road area. Over 80% of survey respondents supported additional improvement in the Halls Road area including additional dining and entertainment options; more attractive signage, and bike and pedestrian accessibility.



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- While support for additional housing development was mixed, there was some acknowledgement of the need for more diverse housing options. Including smaller homes

which would prove opportunities for young people, town employees and seniors looking to downsize.

Sound View Gateway Project

The Community Connectivity Grant Committee has been meeting for just over a year on plans to utilize a connectivity grant to improve the Sound View Gateway.

The construction grant of \$400,000 was received from the Connecticut Department of Transportation State Local Bridge Program in 2019. Proposed improvements build on the connectivity enhancements recently completed on lower Hartford Avenue. They serve to improve safe access to the Sound View gateway to the beach and to local business in a visually attractive manner.

The planned enhancements include: ADA sidewalks, new curbing and drive-

way aprons on the west side of Hartford Avenue from Bocce Lane to Shore Road, pavement markings including a “share the road” bike lane striping, and “place making” landscaping at the top of Hartford Avenue.

Additionally, design plans include painted crosswalks and sidewalk improvements on the north side of Shore Road from Cross Lane to the Old Lyme Police Station. This would allow for safe pedestrian access to the beach and local business from Mile Creek School. The committee plans to complete the sidewalk project on Hartford Avenue and as much construction as possible on Shore Rd. within the available budget.

A transportation hub on Town owned property near the police station for the 9-Town Transit bus and bicyclists are being discussed. The Town is responsible for the design work at a cost of \$40,000.

The Town hired design consultant BSC Group, Inc., of Glastonbury for the de-sign work. BSC is supporting the public outreach efforts of the committee which include: physical distancing individual meetings with project abutters on Hartford Avenue and a public informational meeting this fall.

Graphics of the project will be available for viewing at Town Hall for safe viewing by the public.



**Jennifer
Jane &
ASSOCIATES**

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\$820,000 • 3 bedrooms • 3 bathrooms • 4,342 square feet • 2.11 acres

Report from the Old Lyme Conservation Commission

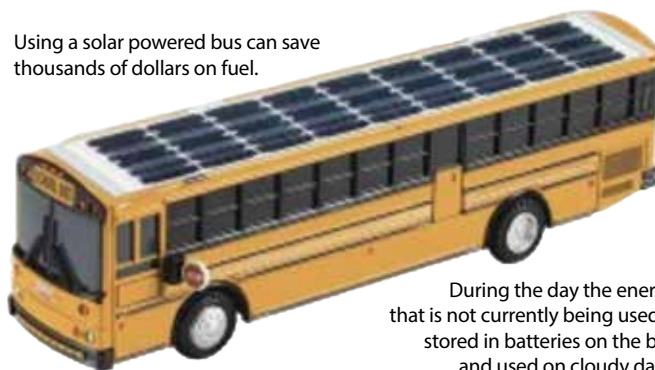
SOLAR SCHOOL BUS FOR REGION 18!

On June 3, the Lyme-Old Lyme Board of Education's resolution established a goal of transitioning Region 18 school district to 100% clean energy by 2030. Region 18 became the first school district in Connecticut to make such a commitment, and is now part of a nationwide network of school districts that have embraced clean energy to address climate change, improve health, provide learning opportunities, and save money.

Rebecca Waldo, Old Lyme resident, parent, and renewable energy professional concerned about climate change, shared her ideas with town leaders in October 2019 on running the schools with renewable energy and heating with zero-emission all-electric heat pumps, and diesel buses and other school vehicles could be replaced with electric alternatives, all by 2030.

More parents and members of the community joined the effort to put together data on Region 18's electricity and fossil fuel use and develop a pathway to reach 100% clean energy by 2030. They presented this and a proposed resolution to the Board of Education which unanimously approved the resolution.

Using a solar powered bus can save thousands of dollars on fuel.



During the day the energy that is not currently being used is stored in batteries on the bus and used on cloudy days.

Before the resolution, Region 18 was incorporating clean energy and energy efficiency into its plans. The 5-year Capital Plan included replacing old HVAC systems with new, all-electric energy efficiency heat pumps. Energy efficiency retrofits in recent years included LED lighting and mechanical controls, achieving a 29% cost reduction. Many school districts of municipalities are major energy consumers, often among the largest users in municipalities, so promises savings to the entire town.

Duck River Garden Club is Online!

COVID-19 social distancing has not stopped DRGC Members from sharing and showing their love of gardening. Although our public programs and monthly meetings at Old Lyme Memorial Town Hall have been suspended until it is safe for us to gather, we hope to offer our September, October and November programs virtually via Zoom.

Community members are welcomed to attend our programs, so please check our newly-updated website at: www.oldlyme-duckrivergc.org and please Like and follow our new public Duck River Garden Club of Old Lyme Facebook page for latest information on club programs and activities. DRGC welcomes new members; contact Karen Geisler at: 860-434-5321 or kareng007@gmail.com. Attendance at our virtual programs counts toward the required two meetings for prospective club members.

DRGC congratulates our 2020 scholarship recipient Evan St. Louis, the son of Mary Powell-St. Louis and Thomas St. Louis of Lyme. A 2020 graduate of Lyme-Old Lyme High School, Evan plans to major in Biology and Neuroscience at Washington University, St. Louis, MO. We wish Evan



Above, bright yellow marigolds are planted at DRGC's civic beautification sites around town to celebrate the club's 50th anniversary in 2020. Signs thanking our town's first responders were added to the sites in mid-summer. Below right, DRGC 2020 scholarship recipient Evan St. Louis.

continuing success in his scientific endeavors and interests.

Since 1980, DRGC has offered at least one scholarship per school year to deserving high school seniors who reside in Lyme and Old Lyme and major in horticulture, environmental sciences or related STEM fields. Applications for the \$1500 scholarship will be available at LOL High School guidance office in January 2021.



Old Lyme Historical Society

55 Lyme Street | P.O. Box 352 | Old Lyme, CT 06371
860-434-0684 | www.olhsi.org

ORAL HISTORY OF THE PANDEMIC

The Oral History Project of the Old Lyme Historical Society is using the Zoom app to record first-hand accounts of life in the current pandemic. If you have internet access and a story that will shed light on these times for future generations, we'd love to hear from you.

Please contact us at: info@oldlymehistorical.org
Old Lyme Historical Society, 55 Lyme Street, P.O. Box 352, Old Lyme, CT 06371, 860-434-0684 • OLHSL.org

Photograph at right by James Meehan

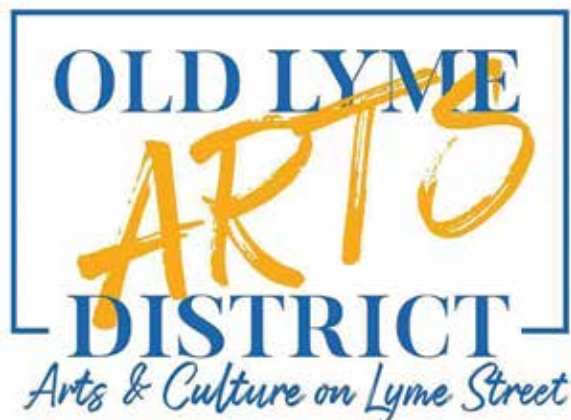


Old Lyme Arts District

As we go into the autumn season in a year full of surprises, we wish to continue to give art lovers ways to enjoy this very special area.

Check websites for the Museum, galleries, and shops to see special hours and ticketing policies for in-person visits. Go to: OldLymeArtsDistrict.com to link to the Walking Tour pamphlet by the Historical Society or virtual online gallery tours along Lyme Street. Studio 80+ Sculpture Ground is open to the public 7 days a week, from 9:00 am to 5:00 pm year-round.

As with everything this year, please check OldLymeArtsDistrict.com for updates and changes.



Fairy Doors on Lyme Street takes place during October and is a complement to the Museum's **Wee Faerie Village** exhibition. Businesses and residents are welcomed to display doorways to secret fairy houses for pedestrians to find and enjoy. All fairy house doors are visible from the sidewalk or public walkway. Our website will have a map to the fairy doors in October.

Light Up Old Lyme happens during the holiday season in collaboration with the Lyme-Old Lyme Chamber of Commerce.

Special sales, gallery openings and more are in the works as we celebrate the joy of the season.

We look forward to 2021 when the **Midsummer Festival** and **Make Music Old Lyme** return! We will be celebrating the 100-year anniversary of the Lyme Art Association with special looks back at the artists and landscape that make Old Lyme the special place it is.



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Transfer Station Information

Transfer Station/Landfill Hours. The Transfer Station is located on Four Mile River Road. It is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers,) along with a driver's license and registration.

The Transfer Station will be closed on the following Holidays.

Thursday, November 26 and Friday, November 27, 2020 for Thanksgiving. The Transfer Station will be open at 8:30 am on Saturday, November 28, 2020.

Bulky Waste and Demolition: Vehicles will be charged by weight at \$120/ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

Brush is charged on a per load basis. No wood or limbs thicker than four inches are accepted.

Grass clippings are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

Electronics are now accepted at the Transfer Station.

Residents can bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives,) power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.,) scrap aluminum (machine and machine parts, cable extrusions, etc.,) fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

Trash and Recycling

Curbside trash removal is performed by CWPM (860-447-1473.)

There is no trash pick-up on the following holidays:

Christmas (Dec. 25,) New Year's (Jan. 1,) Memorial Day

(last Monday in May,) July 4th, Labor Day (first Monday in Sept.,) and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving will be picked up the next day (Friday,) and regular Friday pickup will be picked up on Saturday. Please be advised that CWPM DOES NOT take off the same holidays as the Town does.

Please have trash container out at curbside by 6:00 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town's website at: www.oldlyme-ct.gov - click the trash and recycling link. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes at: 860-434-1605, ext. 212 with any additional questions you may have.

Curbside recycling is performed every week by CWPM (860-447-1473.)
continued on page 18



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Old Lyme Municipal Departments

<i>Department</i>	<i>Contact</i>	<i>Phone</i>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectmen	Timothy Griswold	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Chris Kerr	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
Parks and Recreation	Don Bugbee	434-1605 x235
Police		434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Marilyn Clarke	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Jennifer Datum	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Michael Reiter	434-1605 x232
Zoning Enforcement		434-1605 x225
	OTHER AGENCIES	
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

Trash & Recycling... continued from page 17

There is no recycling pick-up on the following holidays. Christmas Day (Dec. 25,) New Year's (Jan. 01,) Memorial Day (last Monday in May,) July 4th, Labor Day (first Monday in Sept.,) and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving will be picked up the next day (Friday,) and regular Friday pickup will be picked up on Saturday. Recycling information is available on the Town's website at: www.oldlyme-ct.gov, as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

Streetlights

REPORTING STREETLIGHT PROBLEMS

When reporting a street light outage/problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office, or report problem directly to the following link: <http://tankolighting.com/oldlymemaintenance/>. The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!

Town of Old Lyme Social Services Department

THE LYME-OLD LYME CORONAVIRUS RELIEF FUND

The Lymes' Youth Services Bureau, the Town of Old Lyme Social Services Department, and a coalition of local community organizations and volunteers have banded together to provide assistance to those in need during this public health crisis. Our communities are working together in unprecedented ways, and it is the hope that this fund will support our vulnerable residents on a path toward stability and recovery. The Town's website has a section on its website that includes COVID-19 information and resources for residents. If you need assistance, you can request it through a link on the website, or by calling the Town Hall (see contact information.)

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER.....	(860) 434-1605 x240
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT.....	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE.....	(860) 434-0740
LYME ART ASSOCIATION.....	(860) 434-7802
VETERANS OF FOREIGN WARS -	
LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION - POST 41.....	(860) 664-0047

SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18.....	(860) 434-7238
MILE CREEK SCHOOL.....	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL.....	(860) 434-1651
MULTICULTURAL MAGNET	
(NEW LONDON)	(860) 437-7775

COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS.....	(860) 434-5232
--	----------------

HEATING ASSISTANCE

Applications are currently being accepted for the Connecticut Energy Assistance Program (CEAP), which may help income eligible households in paying for their heating costs during the winter months. Households are determined eligible based on state income and asset guidelines. Contact the office to schedule an appointment.

OL Social Services maintains an emergency fuel fund for residents who need immediate help or may not qualify for CEAP. We gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

RENTERS' REBATE

The deadline to apply for Renters' Rebate is October 1st. State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Contact the office for an appointment.

OFFICE HOURS

Mondays 9:00 am - 1:00 pm, Wednesdays 12:00 pm - 4:00 pm and Fridays 9:00 am - 1:00 pm, or by appointment.

For more information, or to schedule an appointment, please contact: Jennifer Datum, Social Services Coordinator at: 860 434-1605, ext. 228 or email: socialservices@oldlyme-ct.gov.

Student Recognized as a Winner in the 15th eesmart's™ Student Contest

Over 300 students submitted projects to the statewide contest promoting sustainability, energy efficiency, and clean and renewable energy

Old Lyme student Zoe Brunza was recently honored as a finalist in the 15th annual eesmart's™ Student Contest.

Presented by Energize Connecticut sponsors, Eversource and United Illuminating, Southern Connecticut Gas and Connecticut Natural Gas, subsidiaries of AVANGRID, Inc., the eesmart's Student Contest invites Connecticut students in grades K-12 to create projects about energy efficiency, renewable energy and sustainability.

Zoe took 2nd place in the Grade 6 category for her persuasive speech about how renewable energy and solar power technology could benefit Connecticut and the environment.

Due to the COVID-19 pandemic, the Energize Connecticut

continued on page 20

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Due to the COVID-19 pandemic, the Energize Connecticut

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eesmart™ Contest... continued from page 19

sponsors updated the contest this year to allow students to submit their projects through an online platform, and a congratulatory video presentation was created to announce the winning participants.

More than 300 students from 76 schools in 49 Connecticut towns submitted their work for consideration. Thirty-five entries were selected as this year's winners and each finalist received a certificate and Amazon gift card.

To view the video, please visit: EnergizeCT.com/eesmarts-student-contest-winners-2020<<https://www.energizect.com/eesmarts-student-contest-winners-2020>>.

For more information on the student contest and the eesmarts program, please visit: EnergizeCT.com/eesmarts<<http://www.energizect.com/eesmarts>>-home.

ABOUT ENERGIZE CONNECTICUT

Energize Connecticut helps you save money and use clean energy. It is an initiative of the Energy Efficiency Fund, the Connecticut Green Bank, the State, Eversource, UI, SCG and CNG with funding from a charge on customer energy bills. Information on energy-saving programs can be found at: EnergizeCT.com or by calling 1.877.WISE.USE.



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Essex Printing Wins Four Awards in New England Regional Printing Awards of Excellence Competition

The Print Industry of New England (PINE) has announced that Essex Printing received four awards in PINE's New England Regional Awards of Excellence competition. With these new awards, Essex Printing has won a total of 32 print awards over the past 8 years - including an International Benny Award (the "Oscar" of the print industry) in 2014. The awards span multiple categories, from business and consumer marketing and promotional materials to calendars and other specialties.

"We are proud to have been awarded these recognitions for the quality of our work once again this year. But, more importantly, we are pleased to be an important part of the businesses and communities that we serve in working so closely with them to create impressive print materials," said Essex Printing's President, William McMinn. "As an essential business we have been and continue to serve our customers through good times and bad," added McMinn. "We are happy to be here for them and make



sure that whatever the project, it is a piece to be proud of."

PINE's Awards of Excellence Competition was judged by a panel of judges with extensive experience in printing and print production examined the wide range of work submitted. Each entry was judged anonymously on its own merit in a category with similar printed pieces. The judging criteria included: registration, clarity and neatness, sharpness of halftones and line drawings, richness and tonalities of color, paper and ink selection, ink coverage, difficulty of printing, effective contrast or softness, overall visual impact and bindery.

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Vaccinate Your Children – Don't Wait!

As a Health Educator for Ledge Light Health District, I've been asked if (during the COVID-19 pandemic) we should continue getting routine vaccinations for our children. According to the CT Department of Public Health, during the COVID-19 pandemic, vaccines are IMPORTANT and SAFE in protecting your child's health.

AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH

This annual observance highlights the need for parents to learn more about vaccine-preventable diseases, to keep their children's vaccines up-to-date, and sign-up for their state's Immunization Information System.

WHY VACCINATE?

Vaccinations produce an immune response to help babies and young children fight various common, contagious, diseases. Diseases like measles, chicken pox, mumps, pneumonia, diphtheria, tetanus, whooping cough, flu, and polio (just to name a few.) Learning about these diseases is important, as they are potentially serious or can be life-threatening. To learn more, visit this parent-friendly website offered by the Centers for Disease Control and Prevention (CDC): www.cdc.gov/vaccines/parents/index.html.

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Vaccinate Your Children - Do Not Wait

During the COVID-19 pandemic, vaccines (shots) are IMPORTANT and SAFE to protect your child's health and prepare them for daycare and school. Diseases like measles and whooping cough can make your child very sick. It is important for babies and young children to get shots and check-ups to protect them now!

STEP 1: FIND WHERE TO GO

- Visit bit.ly/vaccinesforchildrenct to find resources for vaccines.
- Call 2-1-1

STEP 2: MAKE APPOINTMENT

- Make an appointment with your child's doctor or clinic as soon as possible.
- Call CT WIZ at (860) 509-7929 to get a free copy of your child's shot record.

STEP 3: STAY SAFE

- Wash hands (before and after your doctor visit)
- Wear a mask
- Stay 6 feet away from others
- Bring toys/books for your child to play with while waiting or getting their shots.

CT WIZ
Centers for Disease Control and Prevention
2-1-1
Child Development

You may also want to talk to your child's doctor or nurse about the vaccines recommended for their age; keeping to the recommended vaccine schedule will offer the best protection for your child. Ask your provider if they participate in the CT Vaccine Program, which makes some vaccines free or low-cost to parents, or the CT Immunization Information System (CT WIZ), a web-based database that maintains complete, accurate, and secure records for all Connecticut children. For a free copy of your child's vaccine records call: 860-509-7929. For more

information visit: www.211CT.org or contact Ledge Light Health District at: 860-448-4882.

Cindy Barry, MA, Ledge Light Health District

School is coming!

ARE YOU A PARENT OF A SCHOOL-AGED CHILD?

If so, you have questions about the quickly approaching school year. What will classrooms look like? Will my 6 year old have to wear a mask? Will we be homeschooling again? Will I be able to work? The uncertainties wear on us, and on our kids as well. How can you help your child with the anxieties fueled by such uncertainties? Especially when you are feeling them yourself? We can start with checking our own emotions, so we can model for our kids that we - and they - can manage the uncertainty. We don't have all the answers, and it's okay to let them know that. Normalize their feelings - "yes it is stressful when things are uncertain" - but also help them know that you are there to support them, and you will figure things out together.

SOME THINGS WILL BE DIFFERENT, SOME THE SAME.

They will have opportunities to see friends (even if over Face-Time.) Whatever comes, they are not alone. You will be there to help with the adjustments and their friends will be doing the same. Remind them of how scary it felt when they first went to this school, or changed schools, or some other transition. It felt scary beforehand, but afterwards, quickly felt okay. Even if closing down in the spring was disrupting, the schools have had more time to plan, and it will be less of a sudden shock this time.


BE HONEST WITH YOUR KIDS.

It feels stressful for adults too - but you can model self-care and engage in it along with your child. Listen to a relaxation script online, pamper yourselves with at-home pedicures, start a daily exercise routine, have a dance-off or sing-along. Enjoy your time together and model joy, managing emotions, positive problem solving, and utilizing good coping strategies. Keep communication open. Your children will adjust. Let them know you've got this!


Nancy Randall, Psy.D., East Lyme Psychological Associates



AJ Shea Construction

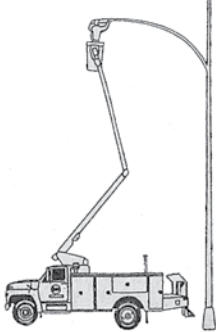


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High Hopes Therapeutic Riding Operations Update

Over the summer High Hopes Therapeutic Riding began reopening by welcoming riders and a small number of horse leader volunteers back to the farm. Operating at about 30% capacity in order to meet health and safety guidelines, all riders, instructors and volunteers were required to wear face masks and classes were kept to a maximum of two riders per session in order to maintain proper social distancing. Class schedules allow a 30 to 45 minute break between lessons to accommodate disinfecting needs. High Hopes has revised its protocols to limit access to indoor spaces while conducting classes in the outdoor arena and on its interactive trail system. In addition to in-person sessions, High Hopes is providing virtual options for participants who are not yet able or comfortable returning. For these individuals we have created activities that can be completed and viewed from home; puzzles, games, how-to videos posted on social media or classes on equine care, markings, behavior, training, disciplines, etc. through Zoom with a High Hopes instructor.

Despite the current slowdown in activity, High Hopes still needs to recruit and train valuable volunteers to allow us to meet the expected increase in program activity over the next few months. To meet this need, High Hopes is running web-based trainings for volunteers throughout the month. High Hopes will continue to follow the reopening guidelines set by the state and our hope is to be operating at sixty percent capacity mid-September. In the



Social Distancing on horseback. High Hopes Image.

meantime, we welcome inquiries about program participation and volunteering. For more information, please visit our website at: www.highhopestr.org or call 860-434-1974. We look forward to welcoming the community back to the farm!

HIGH HOPES HOLIDAY MARKET UPDATE

Given the uncertainty of Covid-19 and the potential resurgence during the fall timeframe, High Hopes has made the difficult, yet necessary, decision to not hold an in-person 2020 High Hopes Holiday Market. The 2020 High Hopes Holiday Market is going virtual - Save the Date! The virtual Market will open November 15th and conclude on Small Business Saturday, November 28th.

continued on page 26

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High Hopes... continued from page 24

We are currently developing a one-of-a-kind shopping directory where we are able to connect our talented Market artisans and small businesses with a broad audience of conscientious consumers. Additionally, this platform will allow for meaningful interaction with consumers and provide promotional opportunities for our vendors to grow a loyal consumer base and continue to thrive. As much as we long to be together in the traditional sense, we promise an exciting and connective virtual experience until we can all safely gather again. Together we can overcome the challenges we've been faced with.

To learn how to participate please visit the High Hopes website at <https://highhopestr.org/hhbm-call-for-vendors/> or Trudy Burgess at: 860-434-1974 ext. 123 or by email at tburgess@highhopestr.org.

Continue to stay healthy and safe, and please reach out with any questions or concerns you may have.

Stay tuned,
The High Hopes Family

Lyme - Old Lyme Schools Prepared for 2020 School Year

Flexibility has been essential as we devise plans for a school year unlike any other. Administrators and teachers dedicated the summer to ensuring that we are well-prepared to offer students a vibrant and engaging curriculum while incorporating measures to keep students and staff safe.

Our early investments in digital proved valuable when we moved to remote learning last spring and continue to serve our district well. We are able to use a variety



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of tools and platforms to educate our students in-person or online and can seamlessly transition from one to the other.

Classrooms have been modified to allow physical-distancing and students and staff will be required to wear masks. Social-emotional health will be a core part of the curriculum, particularly in the first weeks of school as students adjust to a new normal.

Keeping schools clean is a priority and

janitorial schedules have been revamped to include frequent cleanings.

These are just a few of the measures taken as we begin a new school year. Our schools have always benefited from being part of a supportive and tight-knit community and we are committed to maintaining a strong sense of community during this most unusual year.

Right, art appreciation, distance learning.



Lyme Public Library

EVENTS & PROGRAMS FOR SEPTEMBER 2020

Please call the Lyme Public Library at: 860 434-2272 or email at: programreg@lymepl.org to register for these events:

September 12 at 2:00 pm: Local author Jim Benn will read, via Zoom, from his latest book, *The Red Horse*, in the *Billy Boyle* series. Billy must carry out a covert investigation while maintaining his tenuous recovery from drug abuse, shielding his actions from suspicious hospital authorities, and dodging an unknown murderer.

September 22 at 7:00 pm: Mr. Endre Sarkany was born in

Budapest, Hungary on October 31, 1936. The building he lived in was inside the Budapest ghetto where he remained during the Holocaust. That building was significant in Endre's survival and that of at least 150 orphaned children. Endre was fortunate to escape Hungary after the October 1956 uprising and was able to immigrate to the United States. Now in his eighties, he has lots of stories to share in his Zoom presentation.

September 26 at 2:00 pm: MaryAnne Borelli, professor of government at Connecticut College, will give a Zoom presentation on the centennial anniversary of the 19th amendment, which was ratified in Connecticut on September 14, 1920.



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oldlymelibrary.org

The Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive storytimes for babies and toddlers to hand-delivering novels to home-bound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

Services Update

At the time of publication, the Library is offering curbside pick up, special make-and-take activities, and a variety of online programs and services. We anticipate rolling out additional services in the weeks ahead; please visit our website for complete, up-to-date details. We're pleased to continue offering a variety of special events and activities this fall - complete details can be found below.

Children's Events

CELEBRATE LIBRARY CARD SIGN UP MONTH

September 1 - September 30

Each week in September we'll post a cryptic photo of a Phoebe library card hiding somewhere in town. Can you tell where it is? Play "Where's Phoebe?" and enter to win a fun prize pack at the end of the month.

BUSY BEAVERS (Virtual Program, Registration Required) Wednesday, September 23

Tune in to see a fun and informative presentation on beavers brought to us by The Old Lyme Land Trust, followed by a beaver storytime and a make & take craft kit available to be picked up before or after the program. Craft kit will include a trail map for a walk through beaver habitat right here in Old Lyme.

PHOEBE'S FAIRY PORTAL Thursday, October 1

Be a part of "Fairy Doors on Lyme Street" and peek into Phoebe's Futuristic Fairy Portal. Children are invited to create their own robot "fairy" out of recycled materials from home and add them to our display.

PHOEBE'S PUMPKIN PARADE

Wednesday, October 14

Design a pumpkin based on your favorite book or literary character! Send in a photo of you and your book-inspired pumpkin and join our virtual pumpkin parade! Books and pumpkins can be provided to registered participants upon request.

FUTURE VOTERS: ELECTION DAY!

Tuesday, November 3

Cast a vote for your favorite books! Kids can vote, receive a sticker, and a take home craft celebrating the importance of our national elections.

DINOVEMBER

Wednesday, November 11

Pick up your Dino-myte Roar & Read Box from the library upon request. Each box will feature two dinosaur books, tattoos, and a dinosaur egg you can hatch at home.

SANTA PAWS

Wednesday, December 2

Take and make a holiday gift for your favorite furry friend, then read them a story! Each gift set will include project materials as well as a library picture book you can read to your pet. Please specify cat, dog or other! All materials will be provided and only the book need be returned.

Teen & Tween Events

Check out our online calendar for the most up-to-date listings



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and to register for our programs: www.oldlymelibrary.org/events. Or, follow us on instagram to stay in the loop! @olpgn_library.

PUB CLUB PICK UP is the curbside version of our after-school program called Pub Club. The “Pub” in Pub Club is short for publishing, and it’s all about the wide range of acts, actions, and activities associated with storytelling, communicating, and sharing. All Pub Club Pick Up activities are available by calling the library to reserve your materials (and any instructions,) beginning on the date listed and until supplies last.

September 5: Pick up all the supplies and information you need to help make and send bookmarks to incarcerated youth. Kind and thoughtful bookmarks can be more than page holders.

October 5: Be a part of “Fairy Doors on Lyme Street” and help augment Phoebe’s Futuristic Fairy Portal. Patrons aged 11-15 are invited to design their own robot “fairy” or portal for public display. All participants are eligible to win a kit to build a funky solar powered sensor that lets you know when a plant needs watering!

October 10: Design a pumpkin based on your favorite book or literary character. Send in a photo of you and your book-inspired pumpkin and join Phoebe’s Pumpkin Parade! Books and pumpkins can be provided to registered participants upon request.

November 5: Pick up supplies and instructions to make your own block printed bandanna with household items.

December 5: Pick up supplies to make a coaster or two with an

image or quote of your choosing, using a simple transfer technique.

LIT FUSE (Virtual Program, Registration Required)

Thursday, October 8, 5:30 - 6:30 pm

Lit Fuse is a book club for civically engaged teens aged 14-19. Call, or email, or follow the library on instagram to find out how to get involved or to find out what Lit Fuse readers have chosen to read for this session.

TO BE READ (TBR) BOOK CLUB FOR TEENS

(Virtual Program, Registration Required)

Thursday, November 19, 6-7pm

Looking for the next great read? Something so new it's not yet on the shelves? At TBR, Kathy showcases the most exciting books coming out in the next few months. We also catch up on anything you have been reading, and *might* have some books to give away too! For readers in grade 8 and above; For the link to join virtual programs, pre-registration is required.

BRING YOUR OWN BOOK!

(Virtual Program, Registration Required)

Friday, December 18, 5-6pm

Play this hilarious game with your friends and us, and bring ANY book you have in your house!

continued on page 30

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Phoebe Griffin Noyes Library... continued from page 29

Adult Events

FORGOTTEN VOICES: THE HIDDEN HISTORY OF A NEW ENGLAND MEETINGHOUSE with author **Carolyn Wakeman**
(Virtual Program, Registration Required)
Wednesday, September 16, 6:30 pm

CHASING LABYRINTHS with author **Bill Ludwig**
(Virtual Program, Registration Required)
Thursday, October 15, 6:30 pm

FLOWER ARRANGING with **Mar Floral**
(Virtual Program, Registration Required)
Wednesday, November 18, 6:30 pm

THE AMERICAN CHESTNUT Tree with **Jack Swat**
(Virtual Program, Registration Required)
Date TBD

PHOEBE'S MORNING BOOK CHAT (Virtual Program, Registration Required)
Zoom in for a book discussion the second Thursday of the month at 11:15 am.
Email Linda at: lalexander@oldlymelibrary.org to sign-up.

CONTEMPORARY CLASSICS with **Marsha Bansavage**
(Virtual Program, Registration Required)

ZOOM IN FOR A BOOK DISCUSSION, usually the first Monday of the month at 7:00 pm. Email Linda at: lalexander@oldlymelibrary.org to sign-up.

Phoebe's Bookcellar

The BookCellar is a highly successful used book store – Old Lyme's only bookstore – managed by the volunteer Friends of the Library. The BookCellar crew is busy preparing to re-open, date TBD! In the meantime, stop by the Library's main entrance to purchase an item from a hand-selected collection of books available curbside.

Old Lyme Visiting Nurse Association

It's been a challenging quarter. For obvious reasons, Old Lyme Visiting Nurses Association has been focusing mainly on the covid-19 situation. On June 9 we held our first drive-through mask handout event at Lyme-Old Lyme High School in conjunction with the Lymes' Youth Service Bureau with support from LedgeLight Health District and many town organizations. This socially distanced event went very smoothly, and we gave away about 4700 masks - more than we initially reported. As of this writing, we are planning additional mask distributions. And as a way of maintaining social distancing, our October Flu and Wellness Clinic will probably be a drive-through event at LOL High School.

While many things are different this year, we were still able to keep up our tradition of giving scholarships to high school graduates who plan to study healthcare. This year's winners are: Grace Hanrahan, Renate Kuhn, Katelyn Wells, and Darin Hamou. Congratulations to all of you! The world needs dedicated health professionals!

Many thanks to Karen Veselka for her extraordinary work as Town Nurse during

this time of crisis. We are sad to report that after 47 years of nursing, Karen retired on July 22. We will miss her but we know she will bring her good cheer and zest to the next stage of her life.

On the positive side, we are happy to welcome our new Town Nurse. Denise Piersa will be joining us in the next few days, and we look forward to working with her. As of this writing the town nurse's office at the Lymes' Senior Center is closed to walk-in visits

due to the COVID-19 situation; however, telephone consultations and home visits are still available. Lyme and Old Lyme residents can leave secure voicemail messages at the Senior Center, 860-434-7808.

Since 1922, the Old Lyme Visiting Nurse Association has provided healthcare to residents of all ages. Our board of directors meets once each month from September to June, but we also have many associates who pitch in with projects as needed.

Old Lyme Emergency Medical Service: Vitals



We at Old Lyme EMS hope that this finds you all well. As winter approaches, here are a few tips to help maintain good health:

portant. During the winter months, the air is drier which also translates into an increased demand for water and electrolytes. Do not rely on thirst to be the measure for the times you hydrate. Approximately 3.7 liters (15.5 cups) is recommended for mens with 2.7 liters (11.5 cups) for women per day.

short treks such as walking to the mailbox.

Whenever possible, stay off of the ice and glazed surfaces. If you do feel that you are about to fall, bend your knees and attempt to roll onto your shoulder. Wear shoes or preferably boots with snow gripping thick tread soles.

1. STAY HYDRATED:

It is a common misconception that regular fluid intake is particularly critical only during the summer months.


Truth be told, year-round hydration is im-

2. WATCH YOUR STEP:


Falls are unfortunately an everyday occurrence when snow and ice appear. One of the best methods to lower the risk of a fall is to plan your "foot travel" and wear appropriate foot gear. This includes the

The Old Lyme Emergency Service would like to thank every one for your constant support during the challenging times of COVID-19.


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Addressing aches and pains associated with everything from toes to knees, hips and shoulders, Middlesex Health's talented orthopedic surgeons provide high quality, compassionate care and use the latest technology, including surgical robotics, to ensure the best possible outcomes.

Surgeries are performed in Middlesex Hospital's state-of-the-art operating rooms, which are specifically designed to accommodate orthopedic surgeries. They may also be performed at an orthopedic outpatient surgical facility in Middletown.

Middlesex is certified by The Joint Commission in both hip and knee joint replacements, meaning that it meets the highest

national standards for safety and quality of care. When performing joint replacement surgeries, Middlesex surgeons often use technology to improve accuracy and outcomes. For example, the NAVIO Surgical System is a robotic tool that helps to place components of the knee with greater precision during partial or full replacement surgeries. ExcelsiusGPS, a robotic 3D navigation system, is used to perform minimally invasive spine surgery, specifically spine fusions.

For hip replacements, surgeons may opt to use an anterior approach. During this minimally invasive surgery, the hip joint is accessed by entering through the front of

the body and only requires a small incision on the front of the hip. This can result in much shorter recovery times and less pain for patients.

Regardless of what bone or muscle hurts, Middlesex Health promotes a team approach to your care in a healing and home-like environment with the goal of providing pain relief, improved mobility and a better quality of life. Its Center for Joint Replacement and Spine Surgery is recognized as an orthopedic center of excellence.

For more information about orthopedic services at Middlesex Health, visit MiddlesexHealth.org/Ortho.

Lyme's Senior Center



Dear Members,

WE MISS YOU ALL!

As you continue to stay home and stay safe, please remember we are delivering books and puzzles monthly. If you find yourself looking for more to do this fall... let us help! Call us and request

a book or puzzle drop off. Let us know your name, address, phone number, and authors or genres you enjoy reading and/ or the size of puzzles you like to do. Please take a good look at the combined virtual program calendar on the next couple of pages.

There are over 100 virtual programs and classes monthly for you to take part in. They are free of charge unless noted differently. Please call to add your email to our email list if you wish to receive our weekly emails detailing the upcoming programs and classes.

Starting in September we will be welcoming back Jared Day, PhD here to resume our **American History and Current Events Lectures**. The American History lectures will be held virtually at 2:00 pm the first Friday of each month. In addition, the Current Events lectures will be held virtually at 2:00 pm the third Friday of each month. Please call to register for either or both sessions and get the sign in code for them. September's & October's lecture topics along with a description are listed below. November & December topics will be announced in the future.

ANDREW JACKSON - HERO OF DEMOCRACY?

Part 1 - September 4th at 2:00 pm

Part 2 - October 2nd at 2:00 pm

This set of lectures will examine one of the most transformative

and controversial presidents in US history, Andrew Jackson, a politician and leader who became a political and social icon for a generation of Americans in the first half of the nineteenth century. We will explore Jackson's early life and military career along with the political rise of the "near west" as a distinct region and a force in American society. With seminal crises involving the Second National Bank, Nullification, the Cherokees' "Trail of Tears," and many other events, Jackson's presidential tenure represented a clear demarcation away from the patrician politics of the era of the founding fathers and towards a democracy that was, by turns, more inclusive, more populist, and more volatile.

EDUCATIONAL POLICY - September 18th at 2:00 pm

This lecture examines the current landscape of education policy and reform in America with special emphasis on the issues getting the most attention from reformers such as the role of charter schools, school vouchers, property-tax-based funding. We will also be looking at how the US compares to other countries and what is working elsewhere in the developed world.

INDIA: AN ASIAN SUPERPOWER? - October 16th at 2:00 pm

This lecture will examine the exceptional economic development of the world's largest democracy, India. It will explore the key strengths and weaknesses of its economic development strategies as well as the historical, cultural and geographical limitations the country has had to endure.

Holocaust survivor, Andy Sarkany, will be sharing his story on a virtual platform on Tuesday, September 22nd at 7:00 pm. Born in Budapest, Hungary on October 31, 1936. Mr. Sarkany lived inside the Budapest ghetto which is where he remained during the Holocaust. Over the past 10 years Mr. Sarkany has been speaking

to audiences about his personal experiences during the holocaust, living under the brutality of the Soviet Union regime in Hungary, and finding a home in the United States. This program is free and Sponsored

by The Friends of the Lyme Public Library. To register and get the zoom code please email the senior center at: seniorcenter@oldlyme-ct.gov. Wishing you all a safe and healthy fall!

Best regards,
Stephanie Gould,
Lymes' Senior Center Director
860-434-1605 ext. 240



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Register for all programs at: www.lysb.org.

UPLIFTING OUR COMMUNITY DURING COVID-19:
In response to the COVID-19 pandemic, the Lymes' Youth Service Bureau (LYSB) established a new charitable fund to provide financial support to the most vulnerable residents of Lyme and Old Lyme. The Lyme-Old Lyme Coronavirus Relief Fund is managed by LYSB in partnership with the Social Services Departments of the two towns. Generous donations from our community have been put to good use helping our neighbors in need with essentials such as groceries, fuel, diapers and assistance

with rent. The fund will help residents with both short term and long term needs. More information about the fund and how to request help is available at: www.lysb.org/covid19. All requests are confidential.

LYSB has been collecting homemade masks, sewn by volunteers, to be distributed to seniors and others who need masks, in collaboration with the Old Lyme Police. Additionally, LYSB partnered with the Old Lyme Visiting Nurse Association to hold a community-wide mask distribution event where thousands of masks were distributed free of charge to residents. If you need a mask, please visit: www.lysb.org/covid19 or call LYSB at: 860-434-7208.

During the summer months LYSB launched the Summer Meals Program to provide nutritious lunches to all children in Lyme and Old Lyme who have been negatively affected by COVID-19. **continued on page 34**

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Lymes' Youth Service Bureau... continued from page 33

Twice a week lunches were distributed at LYSB with more than 400 lunches served this summer.

LYSB organized three meetings of nonprofits and organizations that serve Lyme and Old Lyme residents, to coordinate our efforts to serve our community. Through these meetings community leaders were able to share ideas, and develop a resource guide for residents which is available at: www.lysb.org/covid19. During the COVID-19 pandemic our communities are working together in unprecedented ways to support our residents on a path toward stability and recovery.

Our counseling programs are an integral component of LYSB's services, providing access to quality, confidential and affordable

counseling for youth and their families with our masters level clinicians. Clients are charged on a sliding scale and no one is turned away for inability to pay. To inquire about counseling services contact LYSB at: 860-434-7208.

LYSB is a private nonprofit organization and in addition to the projects outlined above, we provide programs in the areas of positive youth development, early childhood, mental health, drug & alcohol prevention, and juvenile justice. LYSB relies on donations from our community to provide these programs and services for our community's youth and families. To make a donation visit: www.lysb.org/donate. To learn more about LYSB and our programs and services contact us at: 860-434-7208 or visit our website: www.lysb.org.

Lyme Art Association

90 Lyme Street, Old Lyme, CT | 860-434-7802

POINT OF VIEW & ANIMAL KINGDOM Through October 1

Point of View: the 99th Annual Elected Artist Exhibition: The Elected Artists of the Lyme Art Association are an elite group of professional artists, primarily from New England. Their work is predominantly representational, but encompasses a variety of styles, subjects and mediums. This year we count the 99th year that the show has been held in our gallery building, but in truth, the Lyme Art Association artists held their exhibitions for years prior in the local library.

Another popular show, Animal Kingdom, is in the Goodman Gallery concurrent with Point of View. Animal Kingdom presents

works about furry, scaly, feathered, and finned creatures. Our member artists' subjects range from ferocious to graceful to adorable.

LAND & SEA

October 9 - November 19

This year the Lyme Art Association's fall show will be Land and Sea - an exhibition of landscapes, seascapes, cityscapes and scenes of the great outdoors. Scenes from near and far will allow visitors to enjoy some vicarious travel while socially distancing in our spacious, skylit gallery.

DECK THE WALLS 2020

November 27 - January 7, 2021

The Lyme Art Association's annual member

Thomas Adkins, Seaside
Field of Flowers, oil.
Lyme Art Association Image.



show and sale featuring more than 200 works of art in all themes, sizes and mediums, well priced for holiday gift giving.

The gallery is open Wednesday through Sunday, from 10:00 am - 5:00 pm, and by appointment. The Lyme Art Association is located at 90 Lyme Street in Old Lyme, at the corner of Halls Road. Please call 860-434-7802 for more information or visit us at: lymeartassociation.org.



William S. Robinson's Autumn Landscape is in the current exhibition Fresh Fields: American Impressionist Landscapes from the Florence Griswold Museum, through November 1.

Fall at the Florence Griswold Museum



This year and into 2021 the Museum presents three exhibitions that delve in new ways into our collections - Fresh Fields: American Impressionist Landscapes from the Florence Griswold Museum (on view now,) Expanding Horizons: Celebrating 20 Years of the Hartford Steam Boiler Collection, and The Centennial of the Lyme Art Association Gallery (on view concurrently beginning November 7.)

These exhibitions contribute significant, relevant scholarship to many of the Museum's most notable works while at the same time offering visitors (in person and online) a more comprehensive understanding of the complexities of human history, culture, and the values that shaped them.

VIRTUAL FAERIE VILLAGE

Wee Faerie Village, the Museum's month-long family-friendly event scheduled for October will be going virtual this year. Details will be available September 24 through November 1 on the Museum's website at: FlorenceGriswoldMuseum.org and VirtualFaerieVillage.org. Wee Faerie Village, an outdoor installation of faerie houses created by artists and designers, is a much-anticipated fall outing for visitors across the region. Due to ongoing health risks associated with large crowds amid the COVID-19 pandemic, and in accordance with guidance from the State of Connecticut, this year's Wee Faerie Village theme, **Folly Woods - Awesome Wee Faerie Architecture has been postponed to October of 2021.**

But don't despair! After the success of the Museum's online camp and other virtual programs, Museum staff are sure that there is faerie fun to be had safely at home. One of the highlights will be Wee TV, half-hour episodes of faerie crafts and special guests. Extra creative faerie aficionados will want to take part in the Wee Faerie Super Fan and Crafting Club. Club members receive a Folly Woods pin (only 100 available.) More activities are being planned to capture the magic of the faerie realm for participants of all ages.

Tammi Flynn, Director of Marketing, Florence Griswold Museum
96 Lyme Street, Old Lyme, CT 06371 | florencegriswoldmuseum.org

The "Taste" of Wine

What makes a wine takes all kinds of flavors although it could be made of one or two grapes. Simply put, it is your taste buds (pockets of cells that are on the sides, top and tip of your tongue,) and mostly your olfactory (sense of smell.) The receptors of smell are located in the region of the nasal cavity. All these receptors including temperature, taste and aroma, send messages to your brain which are crucial to our enjoyment of the wine. The sense of

smell is so important, hence when you have a cold, things don't taste as good, or if you get a bad wine your nose usually detects it for you taste it.

The components of taste are: sweet, sour, salty and bitter; all things you can also find in wine. Although perception is somewhat personal, it can be persuaded by power of suggestion. Did you ever taste a wine and someone tasting with you says "Hey, I taste

some black cherries in this wine," even though you didn't get that flavor at first, you then take another sip and declare "yes I do too"? Your taste can also be affected from what you have just eaten changing how you perceive the wine. Example; if you just finished eating something spicy this could overpower and affect some of the nuances and subtleties of that wine. This is where pairing wine with food comes into **continued on page 36**

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"Taste" of Wine... continued from page 35

play. Some wines hold up well to grilled meats which enhance the flavors. Try a full rich Cabernet Sauvignon with a delicious juicy steak or a red from the southern Rhone area with grilled ribs. Another aspect of the difference in taste is the saltiness and minerality. Shellfish would go well with a Mucadet for an inexpensive wine and perhaps for a more expensive wine a French Chablis both having similar attributes.

Other factors that contribute to the different styles of wine are: where the grapes are grown (the types of soils,) whether they are fermented in oak, stainless steel, or concrete, or if the wine is aged in oak. The process of fermentation will also determine the taste. For example using malolactic fermentation breaks down malic acid to softer lactic acid giving the wine a richer and slightly buttery taste.

This just shows how the grapes can be manipulated to form different tasting profiles. Even though each person has their own unique taste, so much goes into developing a wine that will be a favorite to many. Enjoy finding your own tantalizing favorite or favorites!

Cheers,
Art LiPuma, Seaside Wine & Spirits

Old Lyme Open Space Commission



Being outside in nature, such as in Old Lyme's open space, has helped many people cope with the stress of the COVID-19 pandemic and related difficulties. Yet shady, arboreal trails provide more than a peaceful respite - forests play an important role in addressing our changing climate. Scientists believe "sequestration" - the capture and storage of carbon in trees - is one of the most affordable and scalable natural climate solutions. Trees and understory vegetation absorb carbon dioxide (CO₂) from the atmosphere and store it in their roots, trunks, and branches. A typical hardwood tree can absorb as much as 48 pounds of carbon dioxide per year. This means it will sequester approximately 1 ton of carbon dioxide by the time it reaches 40 years

in age. According to one estimate, America's forests have annually absorbed between 7% to 24% of the country's fossil fuel carbon dioxide emissions over the past two decades.

UConn CLEAR estimates that Old Lyme lost about 7% of its forested land from 1985 to 2010, making the town's open space land important carbon storage reservoirs. Much of the town's 936 acres of open space, moreover, is "core forest" or land that is at least 300 feet away from non-forested land types. (In fact, most of Connecticut's core forest is state parks & forests and open space and conserved lands.) Core forest acts as a climate buffer, moderating temperature extremes and creating microclimates that accommodate a variety of wildlife. Research suggests that the resulting biodiversity ranks with carbon storage as one of the most important ecological benefits forests provide.

Greenways, or tracts of connected preserved land, further help wildlife by allowing animals to safely move about, free from road hazards, to feed, shelter and breed. So, when you visit Old Lyme's open space, consider that the forest surrounding you is actively enhancing our environment.

Rogers Lake Authority News

The water quality of Rogers Lake remains the best of many lakes in the area. Thank you everyone, for your efforts in making this happen.

DO NOT FEED THE WATERFOWL

The Connecticut Department of Environmental Protection indicates waterfowl are wild birds that can locate natural food sources throughout the year. Supplemental feeding by people is unnecessary and can lead to malnutrition and disease transmission.

The Rogers Lake 2020 Invasive Aquatic Plant Species Survey was completed the end of June. In summary there is a dramatic reduction in invasive species throughout

Rogers Lake between 2014 and 2020. Because of the reduced distribution of invasive species, it is suggested that future management may only require hand pulling. There was no herbicide treatment in 2020.

Rogers Lake will be drawn down 14 inches this year beginning September 15th. So lakeshore property owners can conduct any maintenance to their docks or sea walls as needed. We expect the drawdown to take one week. The lake will be allowed to refill starting October 22.

Boating safety on Rogers Lake is vitally important. As a reminder, there is a 6 MPH speed limit from sunset until 10:00 am, as

well as within 100 feet of shore, rafts or other boats. Jet skis are only allowed 10:00 am - 6:00 pm weekdays and until 7:00 pm on Saturday and Sunday. Jet skis must stay 200 feet from shore, rafts or other boats. There are six places on the lake where jet skis cannot maintain this 200-foot distance and must proceed at a 6 MPH speed limit. The RLA asks for your assistance in reporting unsafe activity occurring on Rogers Lake. To report such activity visit RLA's website at: www.oldlyme-ct.gov/rogers-lake-authority. If unsafe activity needs immediate action, call 911. To learn more about the RLA activities planned, please visit our website at: www.oldlyme-ct.gov/rogers-lake-authority.

Roger Tory Peterson Estuary Center



90 Halls Road, Old Lyme, CT 06371 | 860-598-4218 | www.ctaudubon.org/rtpcec

The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is dedicated to the conservation and preservation of the Connecticut River Estuary ecosystem and watershed, through science-based research, education and advocacy.

THE GREAT EATS RAFFLE!

Only 250 tickets will be sold.

Purchase your tickets today for a chance to win a \$400 gift certificate to one of 13 amazing restaurants. Visit our website at: www.ctaudubon.org/rtpceaffle for details. Drawings will be held on October 8, 2020.

RTP ESTUARY CENTER WEEKLY WEBINARS RETURNING Sept 1st, 2020!

Join the RTP Estuary Center for our weekly webinar series!

Tuesdays at 7:00 pm we cover all things bird, including topics such as backyard birding, bird identification skills and conservation practices.

Thursdays at 4:00pm are our Eco-Hour

series. Topics include Connecticut Frog Ecology and an Eco-Safari of the Connecticut River watershed.

TWO NEW VIRTUAL MASTER CLASSES NEW classes beginning in September: **Beyond Birding 2.0** and **Wetland Ecology**.

Beyond Birding 2.0, is for those who have taken the virtual beyond birding class or feel they are an intermediate level birder.

The beginner class, Beyond Birding will be offered this fall and will focus on migration.

Take a deep dive into swamps, bogs and marshes in our Wetland Ecology class. This class will be led by Conservation Biologist, Jim Arrigoni. Jim has extensive

field research experience and knowledge about wetlands and the wildlife species they support.

The RTP Estuary Center will also be hosting additional programming throughout the fall and winter seasons including virtual master birder classes and private, small group scheduled field programs. Check our website often at: www.ctaudubon.org/rtpcec for upcoming program announcements!

All programs require pre-registration. For more information be sure to visit our website at: www.ctaudubon.org/rtpcec or stop by and visit us Monday-Friday at 90 Halls Road between Walgreens and Big Y.



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New Questions; Some Silver Linings by Morgan McMinn

The COVID-19 pandemic has turned our lives inside out. We went from the normalcy of work and school, attending events, going to gyms, restaurants and bars to a state of emergency, social distancing and new protocols. As we continue to grapple with the struggles that have come with the pandemic, it is important to reflect upon what we have learned to date. Uncertainty remains, but perhaps we are better prepared for what may lie ahead.

THE HEALTHCARE INDUSTRY RESPONDS TO CHALLENGING TIMES



We have been living amid constantly evolving information about just what COVID-19 is? Is there immunity from the virus? Will the virus mutate? How is the virus transmitted? “We are always

learning new information” notes Amanda Falcone, Public Relations Director for Middlesex Health. “As of today, there is still much that is unknown. There’s no clinical playbook - no established standards of care for this virus. Knowledge changes rapidly.”

COVID-19 has altered what “normal” health care entails. Insurance has, at least for an interim period, approved telehealth visits. Telehealth is an important option especially for those who may lack mobility, access to transportation or the time for typical health care appointments. Middlesex Health stresses the importance of keeping up with your medical care. “Putting off annual exams and important tests and procedures can have unintended long-term consequences,” states Falcone.

Organizations like Middlesex Health are working to find out more about COVID-19. Middlesex Health is a part of a national initiative, led by the Mayo Clinic, that is investigating the use of convalescent plasma. Middlesex Health is also part of a study on Remdesivir, which, according to Falcone is the only medicine so far to show even a moderate benefit with respect to treating COVID-19.

Early on the healthcare industry faced worldwide supply shortages with respect to items such as personal protective equipment and cleaning supplies. Middlesex Health quickly made adjustments in how care is provided (additional cleaning, masks, care areas segregated based on COVID-19 status, additional safety equipment, etc.)

“We are actually using our pandemic plan as we work,” states Falcone. “When things get better, we will take a close look at our emergency and pandemic plan and adjust accordingly so that we are even more prepared should we ever need to use them again. Over the past several months we’ve learned a lot. We are now more knowledgeable and more prepared as we move forward, and we recognize that we will be dealing with this virus for a long time to come. It will likely be a moving target for a while yet to come.”

A RETURN TO NATURE?

With families and individuals confined to their homes across the globe, our planet was able to take its own breath and get slightly healthier. Startling images show clear waters in the Venice canals and the India Gate War Memorial in New Delhi became more visible as air pollution decreased (above right).



Some studies indicate that, while pre-pandemic levels of daily emissions were rising steadily every year, COVID-19 restrictions brought numbers comparable to 2006, mainly due to a reduction in surface transportation, power and industry (cars, electricity, fossil fuel, etc).

Mr. Robert Klee, Lecturer at the Yale School of Forestry and Environmental Studies, notes that “clean air is important and this is a link to the pandemic being a respiratory pandemic - those who suffer from dirtier air and depressed or compromised health from dirty air are more susceptible to the likes of COVID-19. There are correlations with bad air quality and higher incidents.”



People are taking walks, running, hiking, biking, kayaking, etc. The pandemic “reconnected people in interesting ways,” observes Klee. “People locked in the house go on walks, hike on a trail, want to go out and experience nature.”

Cities like Bogota, New York, Paris and Berlin, along with local communities, have made new street spaces for safer individual mobility (walking, cycling etc.). Will this lead to more permanent change? “Part of the question as we restart our economy is what are we restarting it for and to? What is our goal?” And don't forget climate change is still an existential threat and a huge crisis and we can't forget about it for one moment.”

MENTAL HEALTH – RESILIENCE AMID UNCERTAINTY

COVID-19 has taken an emotional toll. “There is so much uncertainty. It's unprecedented,” observes Nancy Randall, a psychologist at East Lyme Psychological Associates. “People are more isolated than they have been. People are stressed about going back to work. They are anxious about the reopening and not sure what it will look like. The anxiety is really the biggest thing. Not knowing what's coming next.”

Is there a silver lining? “We adapt pretty well to things,” she says. Many are enjoying nature, adopting pets, finding time for relationships and hobbies. People connect via facebook groups or Zoom. They have found ways to make a difference, whether sewing face-masks or checking in on others. “People are resilient,” notes Randall. “We've found ways to adapt and try to find the positive in things. Things we learned we can take with us. That doesn't have to go away.”

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